

Record Attendance at the 2010

Men's Spiritual Retreat

By Al Hall



Over 200 men of all ages attended the 2010 spiritual retreat sponsored by the Men's Ministry April 29-30 at the Hyatt Dulles in Herndon, VA. More than 90 of them stayed overnight after attending the evening sessions, which contributed to making this one of the most successful retreats in the history of ASBC's Men's Ministry.

A large number of young men attended, some of whom united with the church during the great influx of new disciples at Alfred Street in the last two years. Quite a few Alfred Street men have young families for whom they need to set a strong Christian example. Sessions were designed to guide the men in preparing to set that Christian example. The theme for the retreat was *"The Role of Men*

in the Community, Church, Home, and Family." Most of the presenters were pastors of local churches. They encouraged the men to get involved and take an active role in all of these areas.

On Friday evening **Rev. Dr. Matthew Watley**, Pastor of the Reid Temple AME Church (Glenn Dale, MD) led a session on *"Financial and Professional Stewardship for the Young Adult Seeking God's Will."* He advised the men on how to guard against making impulse decisions rooted in instant gratification and learn to follow Biblical guidance for their decision making.

Rev. Dr. Lee Earl, Pastor of Shiloh Baptist Church (Alexandria), gave an enthusiastic



“Building Disciples To



Win the World for Christ!”

CHRONICLES

The official newsletter of Alfred Street Baptist Church
REVEREND DR. HOWARD-JOHN WESLEY, PASTOR



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The Chronicles Newsletter is published quarterly. It is an extension of the pulpit, teaching and informational ministries of Alfred Street Baptist Church. The Chronicles seeks to inform, inspire, and exhort disciples to a closer walk and sinners to a life in Christ.

Comments and contributions are welcome and may be placed in the newsletter mailbox at the church or email to: Chronicles@alfredstreet.org

Congratulations to all of our graduates and, a special message for those who will be leaving us for the “Real World”

by Dr. F. Jane Cotton

Every year at this time, our church is blessed to be able to congratulate a number of our members who are graduating from various institutions of learning. We extend our congratulations to every child, youth and adult who has reached such a milestone and we pray for their continued success. However, I think I share the special hopes and concerns of many of our parents and caring adults, for our youth who will be venturing out from the shelter of the homes where they have been raised to what we often refer to as the “real world”.

Some will be going out into the work world. Others will head off to college. Some may join our armed forces. Wherever they go, those of us who are older know from experience that many of them are thinking that they know just about everything they need to know. From our experience we know that it is hard to give advice to the young at this stage in their lives because we remember thinking that the “old folks” operate from out-dated information and know very little about “today’s” world. It will be years later when they realize that they really did not know very much.

New challenges will face our young people as they strike out on their own. Some of these challenges will enhance growth and development in a positive way. But we are keenly aware that there is much evil out there. We worry about the decisions they will make because we know that choosing the wrong paths can bring great physical and emotional harm and can even cause emotional and sometimes physical death.

What can we, as senior Christians, do that might help our young people as they traverse this new, exciting, challenging and often dangerous road? How can those of us who are older and have learned from experiences on the road they now seek to travel, share what we have learned in a meaningful way? When I was growing up, a Christian lady in my home church, whom I thought of as “old” at the time, once said to me “nothing beats a try but a failure”.

I pondered the meaning of that phrase for years before I realized what it meant. Now I’m going to try to suggest just two of the things that have helped me over the years when I left the security and comfort of my home to go out on my own. Perhaps they at least may re-enforce the Christian teachings for some of our youth as they go forth into the “real world”.

1. Let your actions be guided by your faith in God and the principles that are set forth in the Holy Bible. And let those principles become so much a part of you that when temptations arise you can act responsibly without hesitation. Follow the teachings of Jesus the Christ in your actions and in the decisions that you make.

2. “Pray without ceasing” (1 Thessalonians 5:17). Pray for guidance. Pray for protection. Pray that God will give you the strength and the courage to by-pass peer pressure and persons who would lure you away from the path that would lead you to a more successful, and the “more abundant” life that God wants you to have (John 10:10). Get to experience what we “senior Christians” know from experience. Prayer is powerful. God answers prayer. Prayer will see you through difficult times.

Let me close this by saying that I know our church family here at the Alfred Street Baptist Church is happy that we have been blessed to have all of our graduates. Whether you are still at home, already out in the “real world” or just about to venture out into it, our prayers and well wishes go with each one of you. Hold on to your faith in God. And don’t forget to pray and pray often.

ALFRED STREET BAPTIST CHURCH 2010 Scholarship Winners

Foundation Millennium
Scholarship Recipient
Hiram Riddle



Stafford Family Legacy
Scholarship Recipient
Ashley Hamilton-Johnson



Stafford Family Legacy
Scholarship Recipient
Brianna Richardson



Joyce K. Peterson Legacy
Scholarship Recipient
Shalaun Franklin



Joyce K. Peterson Legacy
Scholarship Recipient
Joyvell Henry



ASBC's Men's Ministry
Legacy Scholarship Recipient
William Wanzer



Mobley-Wallace Legacy
Scholarship Recipient
Jasmin Lawrence



Katherine Washington Legacy
Scholarship Recipient
Delante Hodge



Jacqueline Henry-Green
Legacy Scholarship
Recipient
Ashley Mayo



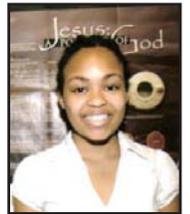
Milton Turner Legacy
Scholarship Recipient
Michael Stueland



Arrington-Booker Legacy
Scholarship Recipient
Aysia Pate



Margaret Conley Legacy
Scholarship Recipient
Melanie Ray



Juanita Davis Legacy
Scholarship Recipient
Edom Seifu



Gladstone Ford Legacy
Scholarship Recipient
Christina Brown



Margaret Jackson Legacy
Scholarship Recipient
Anna Kang



RENEWED FOUNDATION SCHOLARSHIPS

MILLENNIUM SCHOLARS: Darius Hicks(2007), Shardey Mitchell (2007), Bianca Wright (2007) and Chanel House (2009)

ROBERTSON SCHOLARS: BrittanyCarroll (2007), StacyDuckett (2007), Owaiian Jones (2008) and Jason Gaines (2009)

FOUNDATION SCHOLARSHIP RECIPIENTS SELECTED SOLELY BY THE DONOR

James W. Johnson Legacy
Scholarship Recipient
Malcolm Montgomery



*Congratulations to all
Our Scholarship Winners*

Vance Davis Legacy
Scholarship Recipient
Lauren Bell



FAITH IS KEY INGREDIENT

in Christopher Tucker's Graduation from Marshall University

by Michael Tucker



Christopher Tucker

There wasn't a dry eye in the sanctuary when Christopher Tucker delivered his senior sermon in 2005, explaining the challenges posed by his autism. Still, he insisted, "God can do anything."

Faith carried him through West Springfield High School then, and continues to light his path today as the first Eric M. Willis Memorial Scholarship winner to graduate from a college or university.

Christopher, a member of the Young Adult Ministry and a former member of the Gospel Inspirers and the Senior Youth Group during his high school years at Alfred Street, received his bachelor's degree from Marshall University in May with a major in Liberal Arts and a minor in Music. There was also a pre-commencement recital of music composed by Christopher and performed by his Marshall music instructor and several friends.

"God blessed me with lots of people who kept pulling for me, and now I'm ready for the next challenge," says Christopher, who will be working as a production and music assistant in his father's multimedia business while pursuing his dream job. "I would love to find a position in government or at the Smithsonian, National Endowment for the Arts, or some music association that can use my talents."

While at the Huntington, West Virginia, college, Christopher sang baritone in the University Chorus, composed a repertoire of music, played classical piano, interned at Legal Aid of West Virginia, and was mentored by the College Program for Students with Asperger Syndrome.

"It was a pleasure watching Christopher grow into the thoughtful, intellectually curious, passionate young man that he is today," says program coordinator Marc Ellison. "His potential is without limit."

Rebecca Hansen, assistant coordinator, adds: "It has been such a pleasure working with Christopher and I look forward to what the Lord has in store for his future. I'm honored to have been a part of this season of his life."

About 15 family members and friends from the DC area and Ohio witnessed the commencement and enjoyed a restaurant celebration in West Virginia. Many others attended a barbeque at the Tucker's home in northern Virginia. The Tuckers wish to thank their relatives, friends and Alfred Street family for the love, prayers and scholarships that helped make this miracle happen:

- Pastor Howard-John Wesley and Pastor Emeritus John O. Peterson for nurturing our dream of college for Christopher with optimism, encouragement and counsel.
- The Howells—Vernell and Tom, Sharnell and Darryl—for keeping Christopher grounded in youth activities and providing spiritual guidance and discipline.
- Deacons Charles Monterio and William Willis for their continued support through the Eric M. Willis Memorial Scholarship fund.
- Dorothy Rice-Cobbs for her support through the Derrick Cobbs Memorial Scholarship.
- Joyce Garrett, director of the music ministry, for providing performance opportunities.
- Organist Ellen McCord for her patient teaching on the pipe organ.

"We haven't stopped rejoicing. This is what faith is all about—moving ahead when you can't see what's in front of you. And believing our Lord knows exactly when to move," says Christopher's dad, Mike.

"We're proud of Christopher but realize that God's faithfulness is the driving force behind this accomplishment," says Christopher's mom, Geri, who writes the Internet blog *Asperger Ascent: Tips for College Students* (<http://aspieministry.wordpress.com/>). "Michael and I hope parents who face obstacles in their children's education will realize that we serve a God who knows your needs, and can turn obstacles into stepping stones."

Join the Mission Ministry

for the

Monthly Homeless Outreach Project

Is your discipleship group, ministry, child or family looking for a way to serve people outside of ASBC? If so, then join the Missions Ministry every third Saturday to show the love of Christ through outreach to the homeless men and women on the streets of Washington, D.C.

Each month we provide homeless individuals with bag lunches, toiletries, clothes, scripture/tracks and Bibles. We also offer prayer and encouragement. Our ministry is motivated by the message in 1 John 3:17-18, "If someone has enough money to live well and sees a brother or sister in need but shows no compassion — how can God's love be in that person? Dear children, let's not merely say that we love each other; let us show the truth by our actions."

For more information, contact Kisha D. DeSandies at asbcmissionsministry@yahoo.com or (301) 910-6646. Here are additional details.

When

- Third Saturday of each month 8:00 a.m., make sandwiches, pack lunches and load van
- Church bus leaves at 10 a.m. and returns between 12:00 and 12:30 p.m.

Locations

- McPherson Square (15th & K)
- Franklin Square (14th & K)
- Mitch Snyder Shelter (425 2nd St.)

Future Outing Dates

- September 18
- October 16
- Saturday, November 20 (Thanksgiving Dinner)
- December 18

"A Samaritan traveling the road came on him. When he saw the man's condition, his heart went out to him." (Luke 10:33)

SERVE

"For you have been called to live in freedom . . . use your freedom to serve one another in love."

Galatians 5:13



Women's Ministry Establishes WOW SMALL GROUPS

In February, the women of ASBC took the challenge to spend 10 weeks Living Beyond Themselves with Beth Moore's study on the Fruit of the Spirit in Galatians chapter 5 in small group Bible Study classes called WOW – Women of the Word.

What Are WOW Small Groups?

Are you seeking after God with all our being? Are you reading, studying and meditating on God's Holy Word every day? As Christian women, we juggle an overloaded schedule, while continuously striving to live a life that is in the complete Will of God and an influential witness for Christ.

ASBC has 10-12 WOW Small Groups that meet weekly on various days in homes or at the church and focus on spiritual development through Bible Study, discussion, prayer and fellowship. The groups are comprised of 15-20 women of all ages and backgrounds.

Fall Session Starts September 20

WOW (Women of the Word) Small Groups will begin its Fall Session September 20. For six weeks, we will explore the extraordinary life of David in Anointed, Transformed, Redeemed.

The study is authored by three dynamic Bible teachers, Priscilla Shirer, Beth Moore and Kay Arthur and is divided into three 2-week segments, which focus on David as a young man (Shirer), middle-aged man (Moore) and a man facing the final third of his life (Arthur). Here's a sneak peek.

Registration opens July 11 ASBC members and nonmembers. The cost is \$20, which covers book, study/group materials and WOW event expenses. Make checks payable to Alfred Street Baptist Church and place in the Women's Ministry Mailbox.

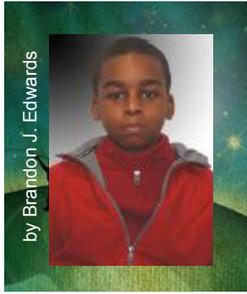
Join a WOW Small Group today. It's a great opportunity to build your personal relationship with Christ and learn how to be an effective disciple with family, friends, in the Church and also in the community. Our prayer is that each woman will take her spiritual walk to the WOW level.

For more information, contact Kisha DeSandies, (301) 910-6646.

WOW Wednesdays: Prayer is the Key!

WOW Small Groups participants can get on the prayer line every Wednesday to pray for our ministry, fall session lesson, spiritual development and each other! Our focus is on being Anointed, Transformed and Redeemed. Join us in prayer as we lift up our Fall Session, small group leaders and whatever God puts on your heart. Prayer time is from 8:30-9:30 p.m. Call-in at (218) 486-1600, code: 412632.

KIDS/TEENS CORNER



by Brandon J. Edwards

I believe too as a child, that angels bring us peace, love and gentleness. The Bible tells us that God uses angels to minister to believers in many ways. He sometimes utilizes angels in answering our prayers, involves them into giving us guidance, they sometimes give us encouragement in times of danger and are often involved in guarding us against dangers, they sometimes serve as God's messengers.

Gods Love
Brandon J. Edwards

For your enjoyment, provided below is a poem that was selected from "Beliefnet" that both adults and children will enjoy. This poem is titled "Angel on my Shoulder".

"Angel on my Shoulder"

There's an angel on my shoulder,
Though I've never heard her sing,
I know she keeps me safe each day
And close beneath her wing.
My angel does not
Play a harp or rest
In clouds all day.
She's much too busy
Guarding me,
Keeping me from
Harm's way.
She rejoices in

My life's success
And weeps when
I'm in pain.
She picks me up
When I have failed
And helps me try again.
Today I'll say a prayer for her,
And thank the Lord above
For sending me an angel
To lead me with her love.

"Beliefnet"



Lott Carey Conference - Columbus, Ohio

FROM MY PERSPECTIVE

by Monet Cox

My name is Monet Cox and I will be sharing with you my experience while attending the Lott Carey Convention that was held in Ohio.

Saturday - My first plane ride

My first plane ride was a great experience. I have some good things to say about it and I want to share them. Good Things: Short plane ride - It only took 1 hour to get to Ohio; free goodies; on the plane the flight attendant went to every seat and asked if they wanted something to drink (I could not turn down a free soda); safe ride - We got there safe and sound; great view- We were over the clouds while we were on the plane, it looked really cool because all the cars and houses looked liked dots.

As you can see my first plane ride was a very good experience and I'm glad I went on one. I was scared at first, because all the things I have been hearing about on the news about plane crashes and planes being stolen. But I said to my self, " Monet think about positive things and not nega-

tive things because God is watching over the plane as we are traveling.

We finally arrive in Ohio and I was very excited. Once we checked into our hotel; we went to this Italian restaurant with a few other people from Alfred Street and I have to say it was simply delicious. After that we had to get back to the hotel because we all knew we had to wake up real early for the next morning.

Sunday- Church New Salem Missionary Baptist Church - New Salem Missionary Baptist Church was a very nice church, they had greeters everywhere Dr. Keith Troy is the pastor.

After the service was over, they prepared a nice dinner for Lott Carey. Before I knew it, it was time to go to bed because tomorrow was the day we had to start everything!!

Monday- Morning and Evening Socials In the morning of Monday everybody from Alfred Street's missions group went to a Missions Prayer Breakfast and that was

about people who were from different countries like Haiti, Kenya, Zimbabwe, and India. Rev. Goatley was in charge of the prayer breakfast.

That evening; most of the Alfred Street's members went to the Community Feast that was for the homeless and the people of Lott Carey. And I have to say the food was DELICIOUS!!!! After the great food and fellowship... We attended a concert that had singing, dancing, and miming. It was such a great concert that me and my grandma had to get up and dance and clap!

Tuesday- Beginning our Classes - We started our classes and sessions in the morning of Tuesday, and my group was called Hope Missionaries. At first I was sad because I wanted to go with the older kids because I thought I would be left out, but after I found out all the amazing things that my group was doing, I said never mind I'm fine by myself. That same day I made friends that was a good thing. First we went to New Salem Missionary Baptist Church to fold bags. Then we went to the zoo that same day and it was lot of fun! The zoo was so big! I took pictures of all the animals we went to look at. All the animals were sleep so that was good to me..... Everybody was teasing me because I was scared of this bear that was there that was SO BIG! But it was sleep, and it looked dead to me.

(continues to page 18)

A Father's Day Reflection

For our Families!

by Rev. Samuel Nixon, Jr.

Some would say that it's a Father's Day
 But I beg to differ along the way
 It's really more about being loved
 From a manly embodiment sent from above
 We often reference our fathers so dear
 Without listening with a very close ear
 For if we studied more his stride
 We'd learn that daddy is willing to confide

We know our fathers in so many ways. I remember seeing my father as the one who rose early in the day to go and place himself in someone else's place to earn resources that helped our family to live. On his job we really never knew all that he had to face daily just to sustain our way of life. Mostly it was a world that only he faced --- for our family's good! Yes, our father was a provider!

Then there was that other role that we saw in our father. When he came home from work, he ate dinner with us and shared his thoughts with us. He made sure that we clearly knew our responsibilities and boundaries and his expectations of our work around the house. Our father taught us the value of responsibility, the work ethic, and how we should earn our place in contributing to the good of the household. He even gave us an allowance when we grew older and had enough sense to understand the value of money and what it meant to save for what we wanted later. Yes, we had a piggy bank --- and we used it!

Our father also showed us the fun things, like sitting on the porch and watching people pass by, playing checkers and Monopoly, going to the park, learning to build and fly kites, riding merry-go-rounds, going to the circus, going to the stores, and visiting relatives regularly enough so that our entire family would stay in contact with other members of our family around St. Louis and East St. Louis. But he was also very stern about some things. We could only stay out so late when we were playing in the neighborhood. When we heard his voice declare, "It's time to come in", we knew the consequences of not responding in a timely manner. Our father taught us to

say "thank you" when someone did something nice for us. He taught us how to be quiet when we were in the presence of other adults who were talking and just to sit and listen until spoken to. He taught us basic manners in how to treat other people the way you wanted them to treat you.

The major blessing that we appreciated more later was that our father encouraged and required us to go to church with him and our mother. We didn't have a choice! That intentional exposure to learning about the Bible, the preaching, the music, the focused prayers, visiting the sick and expressing care one for another in the church were invaluable investments in our lives. Our loving father shared with us as a nurturer, an example, and a friend!

No word can completely describe the gift of a godly father to a family. He's a treasure that only the Lord provides! The precious and priceless presence of a father cannot be overvalued, especially when coupled with the gift of a godly mother!

Our father no longer walks among us, but certainly dwells in our hearts in that special place that only he could occupy! Thanks be to God for the godly father, a representative of our heavenly Father in caring for us, especially with the daily sacrifice of his time, talent, and increase . . . that we might experience the love of God in such a special being.

A godly father's love speaks louder in what he does and how he lives amongst us than what he says and tells us to do! His life helps paint the picture of what God wants us to know about him from someone who dwells with us for awhile, then moves on to be with the Lord for a work well done! It reminds us of another one who lived amongst us for awhile . . . then returned to His Father!

Thank God for the father who models his life in Jesus' love as he points us to the deeper matters of life, a lasting relationship with Christ!

"As you know how we exhorted and comforted and charged every one of you, as a father doth his children." I Thessalonians 1:11

Consider it pure joy . . . whenever you face trials of many kinds, because you know that the testing of your faith develops perseverance. Perseverance must finish its work so that you may be mature and complete, not lacking anything.

JAMES 1:2-4

DOCTORAL



Crystal Dickerson

POST - GRADUATE



Melissa Montgomery

GRADUATE SCHOOL



Jamelle Berry



Nathan Banks



Monique Cox



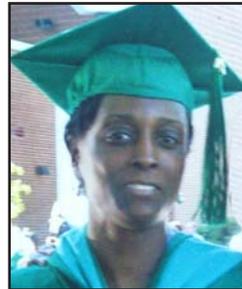
Karima Evans



Percy Giles



Jeanne W Harris



Dawn Lucas



Ashley Queen Monterio

COLLEGE GRADUATES



Lauren C. Brown



Nikia Page Crawford



Juanita Turner



Brittney Wright

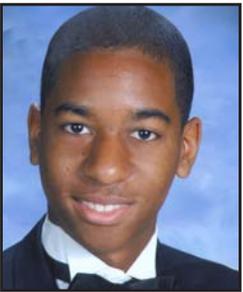


Christopher Tucker

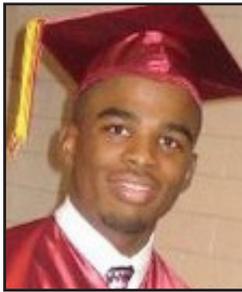


Monica Mancilla

HIGH SCHOOL GRADUATES



Timothy M. Bangura



Goldie A. Brown



David Curry-Johnson



Shalaun A. Franklin



Leah Garrison



Joyvell Henry



David Nathan Jordan



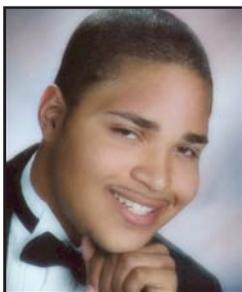
Daniel A. Lewis



Bianca Morris



Jessica President



William Allen Wanzer, III



Aiyana Williams



Celeste M. Winston

MIDDLE SCHOOL



Elysha F. Anderson



April Erica Henry



Danielle Rollins

ELEMENTARY SCHOOL



Courtney Cleo Miles



Gabrielle Yvonne Moore



Myles Alexander Suggs

KINDERGARTEN



Gabrielle Hart



Caris Claire Jackson



Necholus Ogden III



Jonathan Malachi Perch

PRE-SCHOOL



Clarence Julian Bosticl



Vaughn Knight



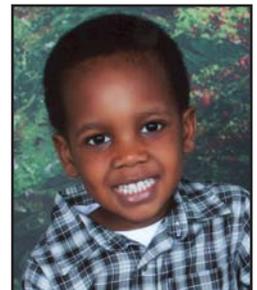
Elaina Mangum



Jaden Sherod Mangum



Cameron Spaulding



Jordan Sam Walters

Reflections from The National Day of Prayer

by Michele Chapman

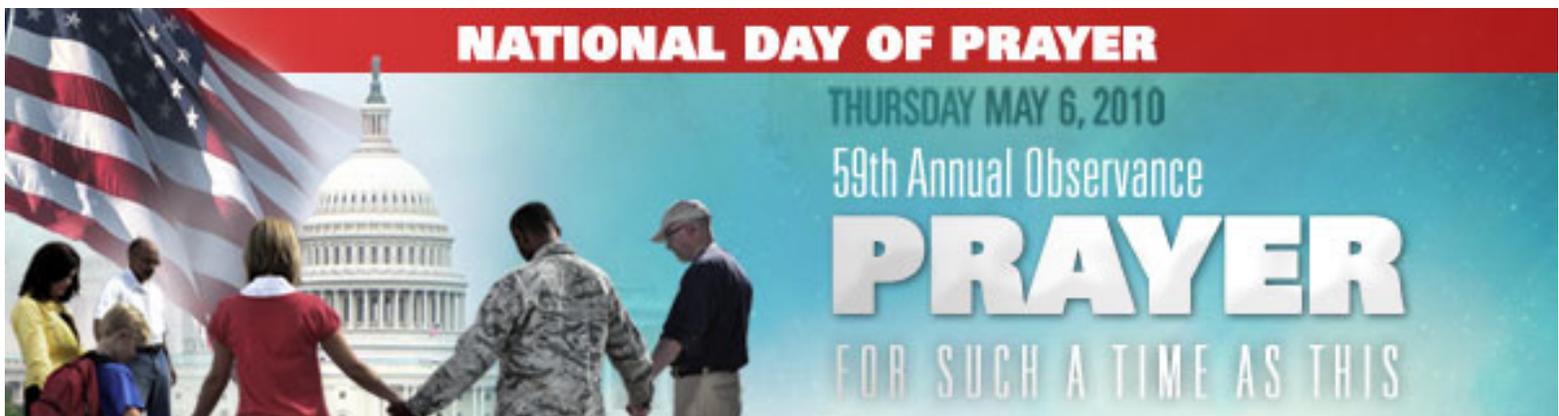
Thursday, May 6, 2010 was a memorable day of unity in the Body of Christ. Millions of Christians from various denominations, all across the United States, joined together to pray at their local places of worship and at various venues, to observe the annual National Day of Prayer, established by Congress in 1952. Throughout our country, many Christians cried out to God in the name of our Lord, for mercy, humility, repentance, and restoration for our nation. God gets the glory, for this national gathering, because it is the Lord, our God who incites, energizes and guides people to turn to Him in prayer together.

Alfred Street Baptist Church was among the thousands of churches that hosted a prayer event on that day. The Intercessory Prayer Ministry along with Missions Ministry brought the Alexandria community together as we hosted our second annual National Day of Prayer Breakfast. The new greeters ministry was on hand to welcome over 75 community members which included the Mayor of Alexandria William Euille, Vice Mayor Kerry Donley, Councilwomen Del Pepper. Mayor Euille again this year read a proclamation in observation of the day based on the this year's theme and scripture "The LORD is good, a refuge in times of trouble. He cares for those who trust in Him. Nahum 1:7." We were joined by the Superinten-

dent of Schools Dr. Morton Sherman and members of his staff along with school board members Blanche Manness and others. Grace was offered by Min. Julianna Powell and members of the Intercessory Prayer Ministry served a delicious breakfast prepared by Jennifer Chapman, CIA 06, Youner McLeod and Deacon Barbara Keller. Sybil Marshall shared with us in song.

Several Alexandria pastors led community leaders and congregants from Ebenezer Baptist, Third Baptist, Oakland, Christ Church, Downtown Baptist and Alfred Street in prayer after a warm welcome from Deacon Chair Patricia Johnson. Reverend Dr. Howard John-Wesley (Senior Pastor, Alfred Street Baptist Church) prayed for the church, Reverend Dr. Mark Olsen (interim pastor of Downtown Baptist Church and President of Leland Seminary) opened the program in prayer, Reverend Dr. Lee Earl (Senior Pastor, Shiloh Baptist Church and President of the Alexandria Chapter of the NAACP) prayed for our community, Rev. Dr. Faye Savage Gunn (Assistant Pastor, Alfred Street Baptist Church) prayed for children and Reverend Donald Hayes (Senior Pastor, Oakland Baptist Church and a member of the Alexandria Police Force) pleaded to God to intervene on behalf country.

The heart and presence of God was experienced at this prayer breakfast, by the participants through the prayers, fellowship between each other, and the Word of God that was delivered by Reverend Delton Nichols, an associate minister from Alfred Street Baptist Church. "Prayer is talking with God. Prayer is listening to God. Prayer is enjoying the presence of God," proclaimed, Brother Dale Jones, Master of Ceremonies, alongside his wife, Sister Yolanda Jones, two of the Intercessory Prayer Ministry newest members. Sister Michele Chapman, Director of the Intercessory Prayer Ministry at Alfred Street, encouraged the pastors to promote and lead in the mobilization of community prayer initiatives. She declared, "Make prayer active in your churches and ministries. We want prayer to permeate every part of our churches, and communities, that lives will be changed. God wants us to pray!" At the conclusion of the prayer breakfast, Sister Chapman presented Reverend Dr. Faye S. Gunn, with a gift as a token of appreciation for her support of many prayer initiatives at Alfred Street Baptist Church, and in acknowledgement of her retirement plans in August 2010. Many thanks to those who helped to make this prayer breakfast a huge success. We look forward to next year's Prayer Breakfast, same day, same time. Mark your calendars.





“Delay is not Denial”

A Reflection on Habakkuk 2:3-4

by David Telfort

My path to the Alfred St. Baptist church was an unexpected one. Just a year ago I was interning with a private equity firm in New York expecting my future to be filled with financial models and corporate mergers. After my freshman year in college however, God kindled a fire in me that I could not ignore. There is something about being brought to your lowest of lows that allows you to see that nothing but God can really fulfill you. After a year of struggling spiritually and living on my own I found myself hungry for God’s word. After my prodigal son experience I returned home and went to every service, prayer meeting and Bible study I could find. Through this intense immersion in His word God called me to be His servant, preaching His word. The decision to listen to that calling was not an easy one and in many ways still is not. At first I ran away from my vocation but like Jonah teaches us, people who debate with God never win the argument.

I made a decision a year ago to pursue God’s calling on my life to preach and teach the gospel of Jesus Christ. When I accepted my calling I was still very much in love with my new passion for finance and often told my family and friends that I would be an investment professional but a minister “on the side”. I would be banker by day and preach and teach as God needed me to. It seemed like the perfect plan. As satisfying as it may have been, it was in the end my plan. I have learned my short time on this earth, “Many are the plans in a man’s heart, but it is the LORD’s purpose that prevails.” (Proverbs 19:21 NIV)

In March I learned God granted me the opportunity to participate in the Institute for Responsible Citizenship, whose president is Alfred St.’s own William Keyes. It is a program that selects the top African American males from colleges and universities all across the country. In addition to meeting political and other successful figures in all sectors of society, we each have an internship in the career we aspire to have. God put things in motion and I arrived here on the 7th of June.

It is very difficult to articulate the immense amount of

knowledge, wisdom and advice I have received since coming to this church. I have seen how a church functions spiritually, financially, and administratively. Leadership is a critical role in all those areas. I walk away with a deep understanding that stewardship is one of the strongest pillars that will hold any church up. This church’s dedication to teaching its members is something I pray God will allow me to do one day with my own congregation.

All I have been exposed to was difficult at first to grasp however because Alfred St.’s ministries are affective across many different areas. The Rev Dr. Howard-John Wesley is an incredible teacher and preacher. The ministerial and administrative staffs are both equally as impressive. I found myself dreading going back to Occidental College for two more years when in my heart I know God is leading me to Divinity School. “Why do I have to wait? I’m only going to be wasting time!” I told myself. But then with increasing frequency God told me otherwise through sermons, devotions and time spent in prayer.

In chapter 1 of Habakkuk the prophet is engaging in a conversation with God. He is asking God to explain Himself. He asks, “Why do you look on the treacherous and are silent when the wicked swallow those more righteous than they?” (Habakkuk 1:13b NRSV) He was asking God why things were not working out as he thought they should. The Israelites were under the foot of the Chaldeans who had overtaken them and he was fed up. He wanted deliverance and he wanted it now. Habakkuk’s inquiry is similar to my anxiety. I am full of anxiety and zeal and felt that there was no effective way for me to channel that energy if it was not in the pursuits of a Masters of Divinity.

The way God answers Habakkuk speaks to me as well. God says, “For the vision is yet for an appointed time, but at the end it shall speak, and not lie: though it tarry, wait for it; because it will surely come, it will not tarry. Behold, his soul which is lifted up is not upright in him: but the just shall live by his faith.” (Continues to page 18)



“Be Grateful”

by Min. Marcia Norfleet

Be Grateful

by Walter Hawkins

God has not promised me, sunshine

That's not the way it's going to be,
but a little rain mixed with God's sunshine.

A little pain,
makes me appreciate the good times.

Be grateful

God desires to feel your longings
every pain that you feel,
He feels them Just Like you.

But he can't afford to
let you feel only good.

Then you can appreciate the good times.

Be grateful

Because there's someone else
who's worse off than you.

Be Grateful

Because there's someone else
who'd love to be in your shoes.

Be grateful

My God said He'd never, never
forsake you.

Be Grateful (repeat)

For it will be alright

“And we know that all things work together for good to those who love God, to those who are the called according to His purpose.” – Romans 8:28

I was struck with a mighty blow when I heard Bishop Walter Hawkins lost his battle with cancer. His influence on Gospel music cannot be measured. His music touched the hearts of many and there is no way that anyone could doubt that God anointed each and every note and lyric. His songs spoke to the common person's circumstance and exalted the name of Jesus in a way that no other musician had before.

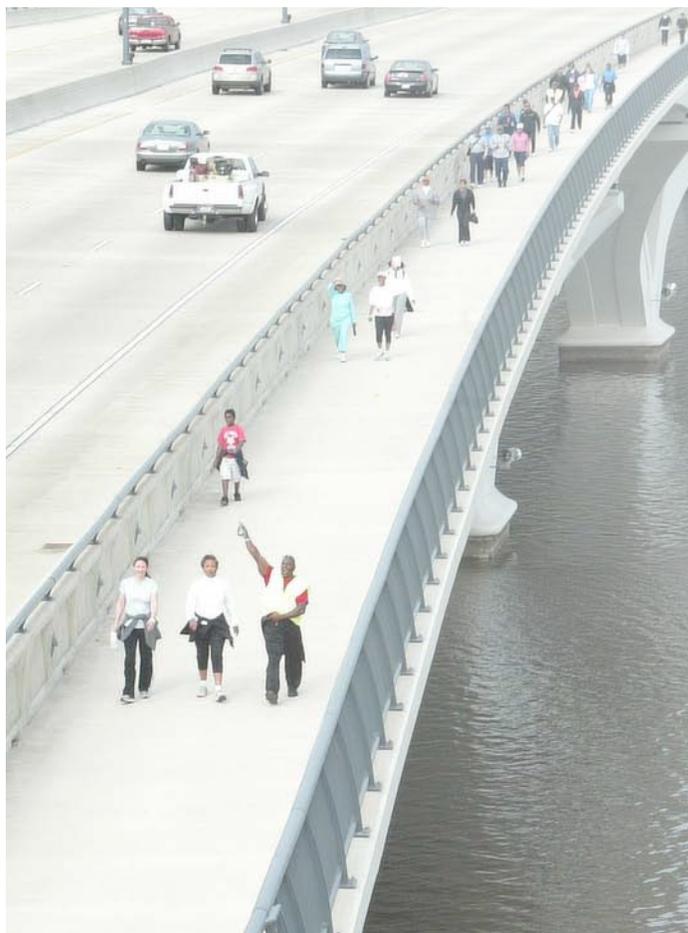
When I think of Bishop Hawkins, one of the songs that come to mind is Be Grateful. It reminds me that every moment of my Christian walk will not be good, that I will experience pain at times. God did not promise that after we accept Jesus Christ as our Lord and Savior that everything will be peachy. That's not how life works. As a matter of fact, He said that there will be trials and tribulations. I imagine this song ministered to Bishop Hawkins during the good and bad days of his illness.

If we know that there will be trials and tribulations, why is it so hard to be grateful in the bad times? Why is it so hard to lift our hands in praise?

David said, “I will bless the Lord at all times.” At all times means in the good and the bad. Paul said in his letter to the church of Philippi that he had learned in everything to be content and to the church of Thessalonica that in everything we should give thanks. If we surrender all our burdens to God we should have no problem smiling in the midst of adversity when others think we should be crying. If we surrender everything unto Him, we should have no problem lifting our hands in praise and gratitude because whether abased or abound we can be content to know that all things work together for the good of those who love the Lord and are called according to His purpose.

So be grateful for the good and the bad. Bishop Hawkins says the bad times help us to appreciate the good. The bad may also provide teaching moments for us and for others that observe us. Lessons learned prepare us for the next steps in our journey.

So be grateful for the journey. Be grateful for the mess. Be grateful for the test. Per Bishop Hawkins, “Be grateful because there's someone else who's worse off than you. Be grateful because there's someone else who'd love to be in your shoes. Be grateful. My God said He'd never, never forsake you. *Be grateful, for it will be alright.*”



OVER 100 ASBC MEMBERS experienced true Christian community and fellowship when they met the challenge to take a 4 mile (most said it felt like 6 miles) roundtrip walk from Old Towne Alexandria to the National Harbor. Brought together by common interests in fitness and health, the group experienced fellowship with one another and everyone walked away with uplifting joy!

Despite overcast skies, sunshine beamed from participants as they arrived at the launch site. A body of believers acting in one accord – ranging from Seniors, adults, young adults, teenagers, and children, to one infant who sat snug in her stroller – all prepared for the walk physically with a group stretch led by ASBC’s own fitness guru, Willie Stalling, and spiritually with a motivational prayer led by the intercessory prayer ministry. The excitement continued to build as the advanced walkers led the way, followed by the intermediate and stroller walkers.

The fellowship experienced walking over the Woodrow Wilson Bridge was as memorable as the breathtaking views! Connections were forged and strengthened through conversation, laughter, holding hands, and challenging and supporting one another while navigating the pedestrian bridge over the highway and entering the rocky path to the National Harbor. The highlight of the day was the enthusiastic reception walkers received as they arrived at the 2 mile midpoint mark. Greeters cheered heartily and gave up ‘high fives’ that changed tired expressions into huge smiles and even caused a few of walkers to sprint to the finish line! Ice cold water and fresh bananas, apples, grapes and oranges were just what the doctor ordered to refuel as they rested under a tented pavilion situated on a pier overlooking the Potomac River.

CHRISTIAN WALK



This fellowship event was co-sponsored, planned and executed by the Sports Ministry (Deacon Charles Monterio and Michael Sanders), the Women’s Ministry (Tanya Johnson, Lynda Prioleau, and Renee DeSandies Reynolds), and the Men’s Ministry (Dennis Dunstan and John Rosenthal). The event was supported by doctors and nurses from the Health and Wellness Ministry, members of the Greeter and Hospitality Ministry, and the Intercessory Prayer Ministry.

Following refreshments, the group met on the sandy bank of the Potomac at “The Awakening” sculpture which has delighted Washingtonians for generations. The group prayed as the sculpture of the great giant behind them seemingly struggled to escape from the ground, before posing for a photo around it. Some lingered for more pictures and fellowship before starting the journey back to Old Towne Alexandria. The return walk was a bit slower, but the pace allowed more time to fellowship with one another. When the walkers reached the launch site, they were humbled by having shared such a rewarding experience with brothers and sisters in Christ. Although most awoke the next day with sore muscles but won’t admit it, all will admit that they look forward to true Christian community and fellowship next year when they tackle the challenge again across the bridge! Prayerfully, you will join us ..

Men's Retreat

Continued from cover story



presentation as he assisted the men in answering the question *"Who am I in the Community?"* Participants were encouraged to turn from the ways of the world, come back to the church, and grow in the family of faith. Then experience how involvement in the church can lead to involvement in the community.

For the single men attending the retreat, **Rev. Dr. Darryl White**, Pastor of Bethlehem Baptist Church (Alexandria), provided a *"Spiritual Toolkit for a Single Man Seeking a 'Proverbs 31' Woman."* The primary focus was on how to develop spiritual intimacy and friendship without "giving in" to the temptations of the flesh.

The first session on Saturday morning was led by **Reverend Emmett Lafayette Dunn**, Director of the Baptist World Alliance Congress and Conferences, and Director of the Youth Department (Falls Church). The question he posed for men to ask themselves was, *"What Can I Do for the Church?"* He encouraged the participants to be men of virtue, faith, compassion, prayer, and integrity. Everyone was challenged to get involved and find ways to make a meaningful contribution to the Body of Christ.

Rev. Dr. Howard-John Wesley, Pastor of Alfred Street Baptist Church (Alexandria) guided the men in answering the question, *"How Do I Get What I want in the Home?"* Since no one can serve two masters, each man was challenged to get his own house in order. Men were guided toward establishing rules of conduct, economics, and stewardship. Pastor Wesley emphasized that each man should give special

attention to spiritual growth and making sure that spouses and children feel loved and know they are important in his life.

Rev. Dr. Duane Kay, Pastor of Ebenezer Baptist Church (Alexandria) shared a spiritual perspective on *"How to Handle Male/Female Relations"* in the family. Men need to pray and study 1st Corinthians to learn more about fidelity and stewardship. In order to establish a home environment where the wife submits to the husband, he must first be certain that he has submitted himself to God.

One of the highlights of the retreat was the afternoon closing session when all of



the presenters came on stage for an open-mike panel discussion. The men could ask questions or make comments related to any of the previous sessions.

Health screenings were done again this year in an effort to completely stamp out prostate cancer. Every year, at least one new case has been detected during these screening. **Dr. Kenneth DeSandies** and **Dr. Janice Arnold** led in this effort. **Mrs. Darhyl Jasper** of the Health & Wellness Ministry also assisted in making the screening possible. This year the men presented a special award to Dr. Arnold for her work. Last year this award was presented to DeSandies.

Approximately 40 men started the retreat weekend by going out early Friday morning to golf several hours before the first session began. This was followed by a fellowship luncheon. Additionally, some of the men were energetic enough to rise early Saturday morning to go on a Scripture Walk at 6:30 a.m.

The weekend culminated with the annual celebration of Men's Day. There were over



85 voices in the Men's Day Choir and the men led in the 8:00 a.m. and the 11:00 a.m. worship services. One of the highlights of these services was the song, *"Not Just Ordinary Men"* written and modified by ASBC's own Brother Melvin Bryant just for this occasion. **Rev. Dr. Nathan Scovens**, pastor of Galilee Missionary Baptist Church, Winston-Salem, NC), delivered two powerful sermons and the entire congregation joined the men in singing praises and giving glory to God.

The men of Alfred Street bonded together and left the retreat with a common goal of coming back and lifting up *"the Family, the Church, the Home, and the Community."* They also have a strong sense of empowerment, knowing they can play a vital role in changing the community through mentorship programs and community involvement. There is a new awareness that "the Church" is us and we must uphold Christian values through the teachings of Jesus. With a strong belief in God the father we can guide our families to the glorious path of righteousness as we continue to seek salvation.



Behold, how good and how pleasant it is For brethren to dwell together in unity!

PSALM 133:1

SUMMER SAFETY TIPS

The Health & Wellness Ministry is committed to providing you with information to assist you in keeping your body (God's Temple) in good health, so that you can do his will and good works. 1 Corinthians 6:19-20 says, "19Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20you were bought at a price. Therefore honor God with your body." We would like to offer a few Summer Safety Tips to help you to continue to take care of "God's Temple" during the summer months.

FUN IN THE SUN

The first, and best, line of defense against the sun is covering up. Wear a hat, sunglasses (look for sunglasses that block 99-100% of ultraviolet rays), and wear cotton clothing with a tight weave. Stay in the shade whenever possible. Limit sun exposure during the peak intensity hours – between 10 a.m. and 4 p.m. Use a sunscreen with a SPF of 15 or greater that protects against UVB and UVA rays. Reapply sunscreen every two hours, or after swimming or sweating. Remember, the sun provides vitamin D and works wonders on your mood and gives you that glow. While the melanin in African American skin is a vital protector, the sun can still damage the skin.

HEAT RELATED STRESS

It is the perfect time of the year to get out and get your workout! However, the intensity of activities that last 15 minutes or more should be reduced whenever high heat and humidity reach critical levels. Before prolonged physical activity, you should be well-hydrated. During the activity, periodic drinking should be enforced, for example, every 20 minutes, 5 oz of cold tap water or a flavored sports drink. To help prevent heat-related stress, drink plenty of fluids and avoid alcohol and caffeine; they can add to dehydration and increase the effects of heat illness. Clothing should be light-colored and lightweight and limited to one layer of absorbent material to facilitate evaporation of sweat. Practices and games played in the heat should be shortened and more frequent water/hydration breaks should be instituted. Urge friends, family and neighbors to monitor the very young, the chronically ill and the elderly for signs of heat stress.

MOSQUITOES AND TICKS

Along with heat and humidity comes mosquito season and ticks. In order to reduce your risk of West Nile virus infection avoid outdoor activities between dusk and dawn, when mosquitoes are most likely to be active; if you must be outside during these hours, cover up by wearing socks, shoes, long pants and long-sleeved shirts; wear light colors as these are least attractive to mosquitoes and makes it easier to see ticks; tuck pant bottoms into sock tops to keep ticks from getting under clothing; use mosquito repellent containing DEET, 30% for adults and 10% for children. Try to eliminate potential mosquito breeding sites

on your property. Remove any discarded tires, dispose of tin cans, empty pots and other similar containers; make sure roof gutters drain properly; clean and chlorinate swimming pools, outdoor saunas and hot tubs; drain water from pool covers; change water in bird baths weekly; turn over plastic pools and wheelbarrows when not in use and encourage neighbors to take these steps on their property as well.

HEALTHY SWIMMING

When thinking about protecting your children while swimming, most parents think about using life jackets, swimming lessons, and childproofing their pool.

Many overlook the fact that children can get sick from the germs in the water of pools, lakes, and water parks. Taking some simple steps can help keep your children -- and everyone else -- safe while swimming.

One danger when swimming is that water can be contaminated with germs that can cause recreational water illnesses (RWIs), including: diarrhea, pink eye, rashes, Hepatitis A, and other infections. In addition to teaching your child to not swallow water when swimming or playing in the water, you can help keep your child and everyone else healthy in the water if you:

- don't let your child in the water if (s)he has an open wound, as it could become infected.
- don't let your child in the water if (s)he has a draining wound
- don't share pool or beach towels.
- encourage your child to take a shower or bath before swimming.
- encourage your child to wash their hands after using the bathroom, especially if (s)he is going to get back in the water.
- take younger children to the bathroom frequently so that they are less likely to have accidents in the water.
- keep in mind that swim diapers and swim pants are not leakproof and may seep germs into the water. So check and change them frequently for your infants and toddlers who aren't yet potty trained.
- don't change diapers by the pool. Instead, take your child to the bathroom to change their diaper and then wash your child's bottom well and wash your hands too.
- cover molluscum lesions with a watertight bandage.

We hope these few Summer Safety Tips will help keep you safe and healthy during the summer months. We will look forward to seeing you in September for our Annual Healthfair and Fall Blood Drive.

Have a Great Summer!

SAVE THE DATE:

HEALTH AND WELLNESS MINISTRY ANNUAL HEALTH FAIR

AND FALL BLOOD DRIVE:

Saturday, September 25, 2010

Take a Minute to . . .

ELIZABETH

It takes courage to share your life stories with a stranger, but Elizabeth A. Johnson's warm and genuine smile welcomed me from a distance! She was born in Monroe, Louisiana but attended high school in Lithonia, GA. Raised in the church, she was drawn to Alfred Street by the powerful Word shared each Sunday and the kindness of its members.

When asked to share her "God showed up" moment, she leaned across the table as if she was about to share a secret with me! While a student at Howard, Elizabeth heard about the summer study abroad program at the University of Cape Town in South Africa. "I stood in prayer

and faith that God would make a way." Though she paid for a few of the expenses, she admitted she had no idea how she was going to pay for the cost of the tuition or other living expenses. Exhausting all of her resources, she waited. It was God's move. One day before the group was to depart, she received a phone call notifying her that her trip, tuition and expenses were paid in full!

That summer in South Africa fueled a desire to make a difference in the lives of others. After graduating Elizabeth began working as a mentor to young women ages 12-19 in a non-profit mentoring program called Man Up. Her best piece of advice? "Just trust God!"

Unlike most non-profit agencies who voluntarily adopt a "don't ask, don't tell" policy when it comes to one's faith, it is her dream to form a non-profit organization that would encourage young people to put as much effort in developing their spiritual lives as society places on their becoming materially successful.



ELIZABETH A. JOHNSON

If you are blessed to meet Elizabeth, you will be inspired by her faith and unwavering expectation "I expect God to show up." It covers her like a blanket of hope and she generously shares it—even with a stranger.

meet a new ASBC member . . . or two!

HELEN



HELEN HUNTER COX

Helen has a sparkle in her eye that can only be explained by the fact that she is in love!

Helen Hunter Cox was born at Fort Belvoir in Virginia, but raised in Ashville, North Carolina. The youngest of four children, she was raised in a small church. Her most cherished memories were the hours spent visiting elderly home-bound members, participating in youth conferences and preparing Thanksgiving baskets.

Her love for Christ becomes visible when you strike up the subject of "service." She does not see service as an obligation, but a gift to others. This heart for service, it seems, was shaped by a growth spurt in faith while attending college. "I learned to depend on Him for my decisions, and my relationship with Him grew during this transitional point in my life. He continues to stretch my faith each day." You can tell by Helen's smile that she is enjoying the journey!

In 2000 she visited Alfred Street with her friend Cathy. Alfred Street "... felt like a family and the Word was always

solid." Seven years later, at Cathy's wedding, Helen met Cathy's cousin, Chris, also a member of Alfred Street. This was no coincidence, but divine destiny. That sparkle in her eye – Chris has something to do with that. They were married in April this year!

Another period of transition required another leap of faith. Their initial search for a home was disappointing. Each home they wanted would become unavailable to them. Helen and Chris took a stand in faith that The Lord had a house prepared for them. Of course, HE not only answered their prayers, HE exceeded their expectations. Her advice, "Make your relationship with Christ a daily assignment. Pray, read The Word and stay focus.

Delay is Not Denial

Continued from page 12

(Habakkuk 2:3-4 KJV) Habakkuk needed to understand that the work that God was doing was not done. Habakkuk was focused on his present situation and trouble. God was assuring him that the vision of a delivered Israel was going to happen. Although it may have seemed like it was delayed, a delay from God is not a sentence to denial. Just “wait for it.” This is the same God who delivered the Israelites from Pharaoh, David from Goliath and Daniel from the lion’s den. In verse 4 God makes it clear that those who do not live according to His will are going to eventually stumble and be destroyed. It is up to us to put faith in that message, apply it and live it.

The same message stands today to you and I. Our vision is going to come to fruition when it is time. Delay is not denial. Just because we do not see the things God has promised us materialize when we want does not mean God will not do it. As I reflect on my experience here at Alfred St. I think about the word that has been sown into my spirit and the many people who have blessed me though they may not realize it. The vision God has given me for my life is one that makes me excited as well as nervous. As ready as I may feel to continue on to the next leg of my journey I know that there is value in processing and meditating on what God has done for me thus far. A critical mistake we can make in

our walk with God is to not spend time evaluating where God has brought us from. When we eat a delicious meal we do not rush to the next one. We must digest what our bodies have been fed so that we can properly experience and enjoy the next one. In the same way when God brings us to the next level of our lives through a new relationship, job promotion or even a position in ministry we must reflect and process internally. This understanding will make it easier for us to have faith in the midst of our storms because we will have a thorough comprehension of where God has brought us from.

I thank you Alfred Street for the most fruitful summer of my life thus far. I look forward to a continued relationship in the future. I leave you with the words of Paul, “... I bow my knees unto the Father of our Lord Jesus Christ, Of whom the whole family in heaven and earth is named, That he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; That Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, May be able to comprehend with all saints what is the breadth, and length, and depth, and height; And to know the love of Christ, which passeth knowledge, that ye might be filled with all the fullness of God.” (Ephesians 3:14-19 KJV)

Lott Carey - From My Perspective

Continued from page 6

Wednesday - Helped people - On the morning of Wednesday, we went to the Ronald McDonald House and we went there because we were helping families that couldn’t afford to stay at a hotel while their kids were very ill. We made them lunches, then we went over there to give it to the families. Wednesday night, there was a program in the “Convention Center”. The preacher was that night was Pastor Otis Moss, III. His message was very good.... It had a lot of funny things and a lot of powerful messages.

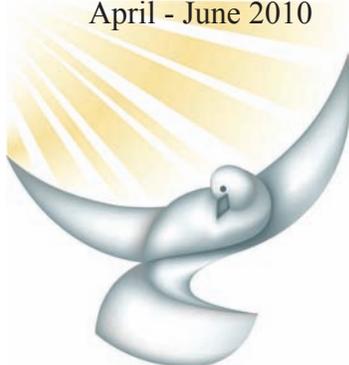
Thursday- Science!!!! - Thursday morning we went to the “Cosi Science Museum”, it was very fun. At the Museum there was different things to go to; there was a space exhibit that was very cool- when you would walk in it was very dark, but when you get around the corner it had stars at the top of the ceiling and also in the science museum it had different activities, a souvenir shop, TV mirror, and a unicycle on a rope that was over everybody in the building... but the line was to long.

After we left the museum we had to practice in our performance we were going to have, and we had to practice really quick because the performance was in an hour. I was dancing and singing with my class. I think we did really good for short notice in the time frame. We had to say goodbye to all friends and teachers and we see them next year. *I really enjoyed myself and I am proud to have the opportunity to serve for my church.*

BibleWordsearch Answers:

Welcome New ASBC Members

April - June 2010



Discipleship Group #1

Raven Berry
James E. Collins
Stacie Fujii
Cassandra A. Griffin
Darryl R. Griffin
Kayla C. Henson
Sydney A. Lowe
Tina L. Nesbitt-Berry
Jasmine S. Young

Discipleship Group #2

Alexis Lee
Kellie Lee
Vernon Lee
Darryl L. Mattocks
Cassandra L. Montgomery
Pamela M. Roberts (Pam)
Paula E. Waters

Discipleship Group #3

Tiffany K Foddrell
Brooke L. Garner
Kevin M Johnson
Don J. Nelson, Jr.
Joicelyn Nelson (Joi)
Kameron D Nelson
Anita C. Williams
David A. Williams, Jr

Discipleship Group #4

Christina Berger
Margaret Calloway
Michael D. Cranford
Alexa A. Harris
Eva N. Kakoza

Discipleship Group #5

Joe Gaston
Vicky L. Gaston
Iris B. Gill
Laurence P. Gill (Larry)
Tiel I. Pope

Discipleship Group #6

Wanda E. Green

Discipleship Group #7

Traci D. Branch
Gatumbi Gathuka
Collette Hicks

Discipleship Group #8

Beverly A. Bogerty
Jessica K. Jones
Genevieve Menan
Krystie M. Robinson
Charles Smith
Sharon L. Smith
Luthrecia D. Wiley
LaVah Wilson

Discipleship Group #9

Carol D. Bell
James A. Reid
Nikisha N. Reid
Angela R. Stevenson

Discipleship Group #10

Crystal G. Bivens
Karen L. Buchanan
Saunti C. Buchanan
Stanley L. Lee
Marvin E. Morris
Williford J. Thomas
Kimichelle Troup

Discipleship Group #11

Percy E. Giles, III
Hope E. Goins
Olufolajimi W. Ige (Jimmy)

Discipleship Group #12

Koy D. Banks
Monique B. Banks
Corrine E East
Shawquia Young

Discipleship Group #13

Wendy L Harvey
Margaret A. Pemberton
April P. Russell
Laverne E. Saunders

Discipleship Group #14

Zachary David-Michael Bryant
Lawrence W. Hunt
Pamela M Hunt

Discipleship Group #15

Jameelah D. Adams
Christopher J. Anderson
Aaron M Ince
Andrea M. Gardner Ince
Brian M. Ince
Briana M Ince
Niambi K. King

Discipleship Group #16

Roger E. Thomas

Discipleship Group #17

Joyce E. Debnam
Jerard T. Gibson
Shayla V. Gibson
Simone C. Gibson
Sycarah D. Grant
Phillip K. Gray
David L. Parks
Shawna M Parks
Shirley B. White
Lindsay K. Yates

Discipleship Group #18

Syntoria L. Spencer
Brandon J. Teamer
Justin A. Ward
Micah A. Webb

Discipleship Group #19

Justin Aiken
Deborah B. Castro
Khelin N. Eure
Kenya M. Gregory
Ayoka Z. Jack
Adahya C. McKinney

Discipleship Group #20

Natalie B. Dean
Elizabeth A. Johnson
LaTanya M Jones
Chevalier D. Riley (Chev)
Henry L.W. Riley, Esq
Beverly A. Uzzelle
Tamara Y. Washington

Discipleship Group #21

Darius Abrom
Kenneth D. Abrom
Charlene B. Blackstock
K. Simone Pegues-Brown
Della M. Prince
Willie L. Prince

Discipleship Group #22

Vernon T. Attles
Alma J. Haygood
Kori D. Jones

Discipleship Group #22

Ashley Seawright
Taylor Seawright
Jeanne E. Thomassot

Discipleship Group #23

Barnabus M Roundtree
Brittani A. Roundtree
Kimmala S. Roundtree (Kim)
Aidan Jodie Walters

Discipleship Group #24

Avis R. Cromwell
Joel C. Cromwell (Craig)
Keischa G. McKay
Eric J. Steiner
Sheree L. Ward

Discipleship Group #25

Kaliyah M Broadnax
Khendra J. Brown
Morganne T. Brownlee
Reginald C. Honore
Ashaki N. Kidd
Embry J. Kidd
Patricia Y. Miller
Elbert L. Murphy

Discipleship Group #26

Delwin Hawkins
Crystal A. Madkins
Eugene J. Sharpe

Discipleship Group #27

Helen Hunter Cox
Laverne A. Frayer
Lataiasha N. Tayeh (Nicole)

Discipleship Group #28

Nicole L. Battle
Robert J. Howard
Alicia R. Wallace
Charmonix D. Washington
Jasmine M Washington

Discipleship Group #29

Goldie A. Brown
Nigel T. Bullard
Stacy A. Duncan
Theresa E. Fleming-Blue
Alexis Jackson
Yolanda S. Young

Discipleship Group #30

Shauna K. Burnett
Cassandra N. Cooper
Alencia J. Johnson
Barbara G. Jones
Devin T. Peyton
Kevin L. Quander

Memorial Services at Alfred Street Baptist Church

Each year during the month of May, ASBC honors persons from the congregation who have been funeralized during the past year. This year, nine (9) persons were so honored during a special service on Sunday, 30 May 2010. They were:

Name	Sunrise	Sunset	Age
Mrs. Erma L. Colyer	7 Aug. 1920	27 Feb. 2010	90
Mrs. Dorothy L. Harris	13 Feb. 1921	12 Mar. 2010	89
Mr. Louis R. Harris, Sr.	26 May 1921	21 Feb. 2010	89
Mrs. Edna M. Downey	13 Nov. 1921	17 Mar. 2010	89
Ms. Marie M. Lawhorne	25 Aug. 1925	25 Feb. 2010	85
Mr. Ernest R. Carroll	30 Oct. 1926	28 May 2009	83
Mr. Victor Furtado	17 Jul. 1930	27 Jun. 2009	69
Ms. Jeanne A. Davenport	11 Sept. 1930	6 Nov. 2009	69
Mr. Richard A. Ridley	8 Nov. 1964	5 Oct. 2009	45

And God shall wipe away all tears from their eyes; and there shall be no more death, neither sorrow, nor crying, neither shall there be any more pain: for the former things are passed away.

REVELATION 21:4

May the grace of our Lord Jesus Christ be with them all. Amen

LUNCH AND A MOVIE

For the second year in a row a mission project of the Intercessory Prayer Ministry has again focused on children on during Easter break. While the city maintains a wonderful lunch program for children who are out of school during the summer, there are no provisions for Easter and Christmas break. Encouraged by Pastor Howard John Wesley and the Director of Mission, Sister Rosetta Graham and the Chair of the Deacon Ministry, Patricia Johnson, the Alfred Street Baptist Church has stepped into the gap to meet a need and share the gospel of Jesus at the same time.

Monday through Thursday of Passion Week, the Intercessory Prayer Ministry has partnered with the Mission Ministry and Awana to feed the children in Alexandria's shelters, recreation centers and the neighborhood around the church. At noon (the same time as the Passion service) the children have a delicious lunch and a movie about Jesus Christ. There was a new emphasis on prayer this year and the highlight of the week was the prayer balloon launch on Thursday. The children wrote out their prayers and tied them to a balloon and the balloons were let go. Parents who stayed for the movie helped and enjoyed the afternoon. Special thanks to the volunteers who help for the second year in a row. We hope to increase this effort to include the Christmas break. This year's effort brings the total number of children served to over 250.

ASBC Blood Drive

SAVE LIVES GIVE BLOOD

The Blood Drive is held twice a year, in April and again in September (in conjunction with the Annual Health Fair).

The Spring Blood Drive was held Saturday, April 17, 2010. Services were provided by the Inova Blood Donor Services Bloodmobile in conjunction with the ASBC Health & Wellness Ministry.

We were a little disheartened that more people did not sign up to participate. We were very thankful for the 15 walk-ins, and for our final count of twenty-two good units. We would like to request members of Alfred Street put the April and September dates on their calendars to afford them the opportunity to support the ASBC Spring and Fall Blood Drives.

The Annual Blood Drive is an integral part of the Alfred Street Baptist Church. Please take time now and consider participating in the Fall Drive. Hopefully, with this advance notice, we will be able to sign-up an even greater number of participants for the 2010 Fall Blood Drive. Who knows, your donation may be the one to help save the life of one of your (Church) family members.



ALFRED STREET BAPTIST CHURCH

REV. DR. HOWARD-JOHN WESLEY

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FALL *It's Time to Refresh Your Spirit!* Revival



GUEST PREACHER

Bishop Rudolph McKissick, Jr.

Bethel Baptist Institutional Church
Jacksonville, Florida

Tuesday, Wednesday, Thursday

September 14, 15, 16

7:00 p.m. nightly

ALFRED STREET BAPTIST CHURCH

301 S. Alfred Street, Alexandria, Virginia 22314
Office Tel:(703) 683-2222 Office Fax:(703) 683-1718
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Sunday: 6:00 - 7:00 p.m.

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